



## News

### Disease Management Programs

**Medical Mutual offers a Disease Management Program to help you achieve your best overall health at no cost!**

**Tips to help you self-manage your conditions and FREE supplies like diabetes testing supplies or peak-flow meter.**

***This program is available to you if you have been diagnosed with:***

- ***Asthma***
- ***Chronic Obstructive Pulmonary Disease***
- ***Congestive Heart Failure***
- ***Coronary Artery Disease***
- ***Diabetes***

***Find out if you are eligible: call 1-800-861-4826, option 2***



**MEDICAL MUTUAL®**

**Connect**  

**[www.healthtp.org](http://www.healthtp.org)**

**Want more news regarding your health ?**

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